SSP2P Support Groups for 2023

Mom to Mom
Growing together as friends, we build relationships one meeting at a time!

South Sound Parent to Parent's Mom to Mom support group is a casual and confidential group of moms raising a child (ren) with a developmental delay or disability. We meet weekly to empower one another, share resources, and support each other in the good times and the challenging times. We are our authentic selves and share stories with no judgement.

Meets EVERY Tuesday!
Via ZOOM from 5:30 pm - 6:30 pm
(2nd Tuesday evening of each month is in person / Hybrid option)

In Person - Hybrid Option
(2nd Tuesday of each month 6-7:30pm)
Join in by zoom or for an in-person potluck from 6-7:30pm at 2108 Caton Way SW Olympia (SSP2P Office)

New to Mom to Mom?
Please register on-line at: www.ssp2p.org/helping-parent

Sylvia Davenport
Helping Parent Transition Program Director
sdavenport@ssp2p.org / 360.352.1126 x106
LATINO
Mama con Mama

Mama con mama es un cito vía zoom donde puedes conocer otras mamá con hijos como tu con algún tipo de discapacidad o necesidad especial, Como mamá se que estamos ocupadas con las rutinas diarias dela vida así que ahí podrás adquirir apoyo emocional desde la comodidad de tu hogar solo necesitas un aparato que apoye zoom y ganas de charlar con otra mamás.

Las reuniones serán cada segundo sábado del mes alas 11am y cada tercer domingo del mes alas 5 pm así que no dudes de inscribirte llamando o mandando un correo electrónico con tu nombre y numero de teléfono a

Angie Godinez
(360) 462–0362
agodinez@SSP2P.org

Espero verlas!

WWW.ssp2p.org/espanol
DAD to DAD

Support Group

South Sound Parent to Parent Dad to Dad is a casual and confidential group of dads who meet in person twice a month. We share personal experiences and explore the unique challenges often faced while raising a child(ren) with a developmental delay or disability.

Meets in person, 2nd & 4th Wednesday of each month from 6:30pm - 7:30pm
2108 Caton Way SW Olympia (SSP2P Office)

Hybrid option available.
Please contact Jordan for zoom link

Jordan Kennedy
360.352.1126
jkennedy@ssp2p.org
South Sound Parent to Parent Sibshops are for siblings ages 7-18 who have a sibling with a developmental delay or disability.

This **FREE** program is a fun way for 'sibs' to meet with peers who understand the challenges that can come with having a sibling with a disability.

Play games, do crafts, connect and have fun!

**Dinner Included!**

**Thurston County Sibshops**
Sylvia Davenport / 360.352.1126 x106
Meets 4th Thursday of each month, 5:30 - 7:00pm
Olympia office: 2108 Caton Way SW, Olympia.

**Mason County Bilingual Sibshops**
Angie Godinez / 360.462.0362
Meets 3rd Saturday of every month from 4:00 - 5:00pm
Shelton office: 2505 Olympic HWY # 140, Shelton.

**Kitsap County Sibshops**
Kimberly Adams / 360.282.2603
Meets the 2nd Thursday of each month from 5:30 - 7:00pm
Bethany Lutheran Church, 151 Tremont St. Port Orchard

Please help us get to know you by filling out this one-time registration to: [www.ssp2p.org/helping-parent](http://www.ssp2p.org/helping-parent)